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College Newsletter

Thursday 13th October, 2016

Issue No: 11

Important Dates To Remember

Friday 14 th October	College Assembly 11.10 am
Friday 21 st October	Book Club orders due
Friday 21 st October	Year 12 Farewell Graduation Assembly 12.30 pm
Wednesday 26 th October	VCE Exams Commence
Thursday 27 th October	Diwali Festival of Lights 6.00 – 8.00 pm
Friday 28 th October	Curriculum Day – No students required at school
Monday 31 st October	Student Free Day
Tuesday 1 st November	Melbourne Cup Public Holiday – No students required at school
Wednesday 2 nd November	College Assembly 11.10 am
Thursday 17 th November	Year 12 Valedictory 7.00 pm
Friday 18 th November	School Fete 12.30 pm start
Wednesday 23 rd November	College Assembly 11.10 am
Friday 9 th December	Whole School Adventure Park
Wednesday 14 th December	Years 7-12 Presentation Evening 6.00 – 7.00 pm

PRINCIPAL'S REPORT

Our school is all about student achievement, their learning, engagement and wellbeing.

Our academic results have been improving. Our recent data sets including in-class progress data, NAPLAN results and testing show students have been growing and achieving at higher levels in reading, writing and mathematics across all year levels. This is significant because it tells us our students will be able to have better outcomes, more opportunities and access to greater choices around courses. It also tells us our improvement plans and strategies are on track: our use of research-based high yield strategies are working effectively.

As we are aware, each lesson our teachers are following our common model of instruction called IMPACT which is filled with high yield strategies: students have a learning goal for that lesson, then a hook (like the use of visuals, short clips) often connecting to their prior knowledge, followed by adding new understandings and or skills through saying, doing, making, reading, writing, creating, applying, analysing, identifying similarities and differences, exploring, discovering (often with web-based applications), solving, questioning. Students then are supported with challenge, cultivating their understanding through practice, application, evaluating and analysing and to conclude we have a short time for review and feedback to support the next steps in students' learning. This is the work

teachers have been learning about for the past year with Dr Jane Pollock and we have our next Curriculum Day with Jane on Friday 28th October 2016. They are also the things students do in every class which increase their depth of understanding and learning.

At this time in Term 4 we find our school is a very busy place: Year 12 VCE students will soon be undertaking their examinations, while the Year 12 VCAL students will be seeking to show they are competent in a range of skills. To our parents of students in Year 12 a big thank you for supporting and encouraging your child during the end of their formal schooling. We wish all of our Year students well and we will support their transition to future study, training and /or employment.

All other students will be involved in completing units of work, assessment (including examinations for Year 7 to Year 11 students) and getting ready for transition into their next year level.

Introducing School-Wide Positive Behaviour Support (SWPBS) to our school means we will create a positive school climate, a culture of student competence and an open, responsive school. It will involve analysis of data in professional learning teams, implementation of evidence based practices and establishing safe, purposeful and inclusive school and classroom learning environments. To facilitate and support this framework, we will be introducing Year Level Mentors from 2017 at Years 6, 7, 8, 9, and 10. The essence of the Year Level Mentors' role would be encouraging, managing, supporting and coordinating students at a particular year level. Our existing supports of Coordinator at Years 11 and 12 will continue with

some new responsibilities to the role. The Year Level Mentors will have the following purposes (strategic intent):

-*Achievement*: To help improve student learning outcomes for all students

-*Engagement*: To increase opportunities for student personal growth and voice in our school.

-*Wellbeing*: To strengthen and enhance Laverton P-12 College as a safe, positive and effective learning environment where students and teachers work in a climate of mutual respect and trust.

I have been pleased with the number of parents who have made contact with the school this term to thank us or to raise a concern or give some feedback. As always, please feel free to make a call, send an email or have a chat. I hope your child continues a great Term 4.

Richard Jones
College Principal

DISCOVER, EXPLORE, CREATE NEWS

PRIMARY SCHOOL ATHLETICS CARNIVAL

On a wet and miserable day last term parents took their children to the District Athletics Championships at Hoppers Crossing. Thank you and congratulations to everybody who attended on the day.

The following students competed –
Phoenix Maxwell – Discus and Shot Put
Simeon Tadesse – Triple Jump and Long Jump
Abraham Kuol – Triple Jump
Liam Mulvay – High Jump
Chep Mangar – High Jump
Franky Weti – Long Jump and Shot Put
Hanin Dannaoui – Long Jump

Simeon Tadesse qualified in Triple jump for Region Championships which will be held on October 11th. Good luck Simeon!

WESTERN REGION SECONDARY ATHLETICS CARNIVAL

On Tuesday 4th October the following students competed at the Western Region Secondary Athletics Carnival. Thank you to the parents who took their child to the event after it being postponed last term.

Congratulations to :

Keren Heka – 12/13 year old discus – 1st place . Keren will now be competing at the State Championships on Monday 17th October 2016 at Lakeside Stadium. Good luck Keren!

Maia Weti – 16 year old girls shot put - 2nd place
- 16 year old girls discus - 3rd place

Eh Taw Htoo – 16 year old boys 100m - 7th

Kweh Thachaw – 16 year old boys 200m - 7th

Amit Tedewala – 14 year old boys 400m - 6th
Mohamed Abdulhamid – 18-20 boys shot put - 3rd

ASSEMBLY PERFORMANCES

Dear Parents, Guardians and Friends,
You are welcome to come along to watch the Grade Prep and One student's perform an Italian song at the following College Assembly times

- Wednesday 2nd November (Week 5)
 - Wednesday 23rd November (Week 8)
- We look forward to seeing you all then.

Mary Pruscino
Leading/Italian Teacher

CHESS LESSONS

We have a volunteer at the college each Friday who has offered tutoring of chess. Mr. Sebbens will be in the Resource Centre at lunch-time on Fridays for any student interested in learning chess or improving their skills.

Mr Sebbens is looking forward to meeting any students who are interested. There is no charge and no cap on numbers attending. Hope to see you there.



COLLEGE CARNIVAL DONATIONS

At the College Carnival this year we will be having carnival rides, laughing clowns and a spinning wheel. We are looking for donations to give as prizes. Please bring your donations to the main office. (No food or drink).



BANDANA DAY

Friday 28th October is National Bandana Day.
We are selling bandanas at the main office for \$4.





MANDALA FLAGS

Last term in Art we studied traditional Mandala art. The flag design is based on Mandala which grows from the middle. The main or central feature is the native bird the pelican which is also the Hobson's Bay logo. Our Mandala flags are displayed at the Altona Meadows Skate Park from September to November 2016. Our class went through many difficult stages but in the end we were able to design 14 spectacular Mandala flags which are now flying high. The featured artists are Breanna, Edi, Emily, Ethan, Farah, John, July, Kamar, Louise, Shannay, Siselo, Varras and myself. On behalf of the year 9 Art class we would like to thank Ms H for going through all the trouble to make our art work be seen.

Rayane Elmir 9C

HEALTH & WELLBEING

BEATING EXAM STRESS

Exams are pretty much always stressful. You can manage stress by planning well, and having realistic expectations. If there's stuff you're not strong on, there will be others in the class, and the teacher who can help you. You can also manage stress by staying healthy.



Exams are a hassle

We're saying it because it's true. No one likes doing them, and cramming information into your brain over a short period of time is stressful. A bit of stress can get you going, but too much can make you exhausted, angry and annoyed.

Managing stress

You'll be less stressed if you've got an idea of how the lead-up to your exams is going to look, so plan what you're going to study and when, and stick it up on the wall, or on your desktop. Break it down into manageable chunks and start working through it at the rate you planned. It's probably more boring at the start, but it's far less stressful. Plan some break times and days off too!

Take the pressure off

Aside from preparing, you can also deal with pressure and expectation by realistically assessing how you think you'll go, and working to do the best you can. If other people's expectations are pressuring you, talk to them and try to get them to back off. If you're putting too much pressure on yourself, try to realise failure isn't fatal. It's likely that the worst that can happen is that you take it again, with a massive head-start from the work you've already done.

Do it together

There are other people studying for the same exam, and they probably don't like having to lock themselves away to study any more than you do. Get together with them and take the books outside from time to time. If you're not as strong in certain areas, it could help to talk to other students as well. If you are good at it, share the brain-wealth.

If you need help, get it

It's your teacher, lecturer or tutors job to help you understand the subject, so if you're not understanding stuff, tell them and they'll help. If your study load or exams are driving you mad, there are counsellors who are there to help with that as well.

Have options

Don't put all of your hopes into getting into one course. Have a few options, and realise that if your heart's set on one thing there are always going to be other paths to it.

Go easy on the substances

Any drug you think will help you study is actually a short-term fix that'll probably make you feel much worse and cause you to underperform later. What will actually help is sleep, good food and exercise.

References and further information:
www.reachout.com.au

Michelle Hynson
Secondary School Health Promotion Nurse
Thursday and Friday

CARNIVAL

91 BLADIN ST LAVERTON

FRIDAY 18th NOVEMBER, 2016

12:30 – 3:10pm



**LAUGHING CLOWNS
SPINNING WHEEL
CARNIVAL RIDES
PRIZES
SHOW BAGS
BADGES
FAIRY FLOSS
SAUSAGE SIZZLE
PLANT STALLS
FOOD STALLS
LUCKY DIPS
FACE PAINTING
HAIR BRAIDING**

