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College Newsletter

Friday 3rd March, 2017

Issue No: 2

Important Dates To Remember

Tuesday 7 th March	College Photo Day
Monday 13 th March	Labour Day Public Holiday
Friday 24 th March	Harmony Day Concert
Tuesday 28 th March	Parent Teacher Interviews 2.00 – 7.00pm Students dismissed 1.00pm
Friday 31 st March	Last Day Term 1 students dismissed 2.30pm
Tuesday 18 th April	First Day Term 2

PRINCIPAL'S REPORT

Student learning and effort...

When we talk about student achievement we talk about what the teacher does that's more effective and also what students can do that increases their learning. Things like maintaining effort, concentrating, giving attention to, focusing, persevering and completing the work or task.

I am sure we all now, our students and teachers have learning goals and intentions each lesson to help students know what to do, what to focus on. Focus is about making things clearer, doing those things like identifying similarities and differences that make learning explicit and build connections to other things students know or know how to do.

Students in class can do many things to help improve their learning like making notes while the teacher is talking, draw an image to represent what students have learned, asking the teacher for help or feedback. These things keep our student on track, paying attention and focused.

Through their planning, our teachers help students to focus and improve. Through their use of hooks, visual images, short video clips, humour, making things engaging and fun, making it challenging, making the learning interesting, students will be more focused. This means students will do more, write more, read more, be connected more, be able to apply more, be involved more in class, be learning more.

At our school our students focus on the learning goal every hour of the day and don't give up till they can say, "Yes I did it". "Yes I made it, I wrote it, I read it, I created it, I watched it, I listened, I connected with, I searched for, I found and I discovered".

In 2017 we again are aiming for progress, improvement and growth. However we aim for more than is expected: an additional 10% increase in

student achievement. This means we aim for more than 12 months progress in 12 months. As we did last year, we should see fewer students below the expected level and more students at, and above, the expected level of achievement.

This will result in students being more successful at school, having greater choices and opportunities as they leave school in Year 12 and through our work on our students wellbeing, being happier, hopeful and healthier.

Thank you to our teachers, parents and carers, and to each of our students for your efforts so far this year. All students have settled in well with classes being clam and the work purposeful. The new uniform in Years 7-12 is looking great and nearly all students have been wearing the new white shirts or dresses. Please contact our school if help is needed with uniform.

We have lots of things happening at school over the coming weeks and please ask your child about these: Our student leaders and SRC have organised lunchtime activities and many staff have organised clubs at lunchtime like chess, relaxation, knitting, yoga, science, watching documentaries of Sci-fi, sports, karaoke, crochet, knitting, mindfulness, kickboxing, shipping, origami, card making, choir and help for classes. These clubs are for all students Prep to Year 12. Again this year we have an after school basketball competition. We will again be looking at how to better support students in reading and comprehension with the before-school morning classes for reading.

The learning by students is our priority and in this early part of the year I hope you have found your children have had a positive start to the year and are happy to be coming to school, enjoying their classes, friends and teachers.

Richard Jones
College Principal

DISCOVER, EXPLORE, CREATE NEWS

ALTONA BEACH LIFESAVING EXCURSION



On Tuesday the 14th of February, grades 1 to 4 went by bus to Altona Beach. We were learning how to be safe around the water.

Boogie boarding was the most fun activity. We experimented with how to use a boogie board and how to save a life with it. We got to go really far out.

We learned how to save people's lives. We used floating objects to help people who are in trouble in the water. We also learned to use the 'DRs ABC' to save people who are injured or lying on the ground.

We had an epic day at Altona Beach, even though it was a bit cold. We liked the beach so much we didn't want to leave.

Written by Ellie and Hunter, Grade 3



GRADE 1A

We were investigating the features of 2D shapes by making them with our bodies!



HARMONY DAY FASHION SHOW

Year 12 VCAL students are organising a fashion show for Harmony Day.

The theme for the show is Orange or your Cultural Dress. Prizes will be given to those who dress most creatively.

Put your name down at recess on the day, March 24th 2017 in the amphitheatre.

The people included in the fashion show will be judged by Mr Jones, Chris and Mrs Di Mieri at the Harmony Day Concert.

DARWIN DEFENDERS 1942-45 COMMEMORATIVE SERVICE AT THE SHRINE OF REMEMBRANCE FORECOURT MELBOURNE



On Thursday 16th February a number of Year 10 students were selected to represent the school in a wreath laying ceremony at the **Shrine of Remembrance** to commemorate the **75th Anniversary of the Bombing of Darwin**.

The ceremony honoured those who served and those who died during the attacks on Darwin during 1942 - 1945. It was an opportunity for veterans, their families, dignitaries and school students from across Melbourne & regional towns to participate in a moving ceremony that aimed to remind us all of the cost of preserving peace and democracy in Australia.

Our students were honoured to be able to take part in the ceremony and made the following comments:

It was nice being part of the ceremony. My favourite part was the aerial display. Kamar

It was an honour to attend the ceremony and represent Laverton P-12 College. Shanay

It was a beautiful ceremony and the laying of the wreath was the best part. Emily

The ceremony was an absolutely beautiful event that expressed love and support from everyone who attended and I was thankful for the experience that I was blessed with. Siselo

It was a great event to attend, because we got to know more of the history of the war and it was also an honour to hear the war veterans speak of their experiences. Eh Blu Say

It was a beautiful event and I got to meet people who knew a lot about the bombing of Darwin. I enjoyed the beautiful music of the Navy Band and the aerial display. It was a great day. Hser Eh

It was fantastic that students from different schools around Melbourne attended this event. It was great that I had the opportunity to attend this event. Angelina

It was good because we remembered all the people we lost in WW2. I enjoyed listening to the singing and music. Kay Ray

My experience at the memorial was enjoyable and I gained a lot of knowledge. I hope that Laverton P-12 College will have similar excursions in the near future. Maynard

I loved going on that excursion not only did I have fun but I learnt so much along the way about the people who fought for our country. Afifi

My experience at the commemoration was good because I learnt a lot about Australia's past history. I hope that our school will have another excursion sometime in the future. Yuot

Going to the Shrine of Remembrance was a good experience as I heard stories about the Darwin attack and got to be a part of the ceremony. Aijhanne

I found it interesting that there was a bombing on Darwin and I didn't know about it. Azeem

It was a very nice ceremony that made us feel like we were there at that time. It was so formal we could feel it. Varras

I learnt a lot from the day and it was lots of fun as well. It made us feel like we were there when it happened and how everyone felt. Brooke

The ceremony was respectful and interesting. It was nice to see so many schools there to lay a wreath in honour of the brave soldiers and civilians who died during the bombing of Darwin. Paige



YEAR 9 AND 10 NEWS

On Tuesday 28th February our Year 9 and 10 students enjoyed a pancake morning tea. Thank you to our SRC representatives for assisting with the serving and to Judy and Mary for making the pancakes. Everyone enjoyed the special treat with plenty to go round.

Ms. Palumbo and Ms. Di Mieri
Year 9 and 10 Level Mentors



YEAR 7 – 12 WELCOME BBQ HOSPITALITY STUDENTS



HOSPITALITY ASSESSMENT TO STAFF



SENIOR VOLLEYBALL

The senior girls and boys volleyball teams competed at the regional interschool volleyball meeting on the 24th of February. After an early loss, the girls bounced back by using positive team talk. This significantly boosted performance, which led to some classy plays by Tailiili Taueli and Beaulene Hall. As a result the girls finished in 3rd place.

The boys team displayed a high level of skill and team work. Proving he could play more than one game, Kweh Tha Kue Thachaw utilised some clever soccer skills in front of the net to save multiple rally points. By tracking their oppositions movements, they were able to make great use of set shots and finished the day in 2nd place.



CANTEEN

Just a quick reminder that students from P-6 can still order lunches in a brown paper bag.

Some students have been noticed buying snacks rather than a substantial lunch with their lunch money.

HEALTH & WELLBEING

HOW TO SET A GOAL

Having goals is a really great way to give yourself direction, focus and motivation. Work out what goals to set, and learn how to plan them so that you maximise your chances of achieving what you want most in the world.

Why goal setting is useful

Turning something you want in life into a goal is a really great way to make it happen. That's because you're making a decision to act in order to get what you want. Goals give you direction, they keep you focused and motivated, and increase your chances of



achieving things. What's important about the goals you set is that they need to mean something to you – they shouldn't be things that you think you "should be doing", rather they should be things you "want to do". You will get the most benefit out of achieving goals that you want to achieve, less out of achieving goals that don't mean much to you.

Goal setting: where to begin

To be able to set a goal you need to know what it is that you want. This is a huge stumbling block for a lot of people – but it's an important one to work through. If you don't know what you want, you aren't going to get it, which isn't great for your happiness.

Some tips for helping you work out what you want include:

› Start with things you enjoy. We are happiest when we are using our strengths. Write down the 5 things you enjoy most in life. Are there any goals you can identify?

› Don't get too caught up in 'big' things. A lot of the time when we think about goals, we think they need to mean a big thing, and that can get overwhelming. Change how you think about goals. A goal should be anything you want to do or achieve – big, small, or completely random.

› Think about what you don't want. Write a list of 5 or 10 things that you don't want. Then turn them around to become goals. E.g. turn 'I don't want to be stuck at home' into 'I want to travel.' Goals can be made about lots of different areas of your life. Think about:

› Personal qualities

› Friendships/relationships

› Family

› Work / study / career

› Physical health

› Interests/Hobbies

› Attitudes

› Are there things you want to change about/work towards in any of these aspects of your life?

The process of goal setting

When you have an idea about what it is that you do want, there are three simple steps you need to take to set a goal.

1. Define your goal. There are two important parts to defining a goal:

› Make your goal specific. Goals should be measurable and have an endpoint.

› Make your goals realistic. Taking on challenges can be really motivating, but don't set yourself up to fail. If you're not sure if your goal is realistic, talk to someone you trust about it.

2. Set sub-goals:

› Break up your goal. Breaking up your goal into sub-goals is really important to staying motivated, particularly for larger goals that take a long time to achieve. Sub-goals help you recognise and celebrate when you've made progress.

3. Work through a plan of action. Having a tangible plan of action helps you to stay focused:

› Write down your sub-goals. Once you've worked out your sub-goals, make sure you write them down and keep them in a place that you can see. Having them close by will help keep you motivated.

› Include a time frame. Deadlines are important. They keep you on the go and help you stay motivated. For each written sub-goal, write down a deadline to prevent you from putting things off or forgetting your goal.

References and further information:
www.reachout.com.au

Michelle Hynson

Secondary School Health Promotion Nurse

Thursday and Friday.



Chatter Time Playgroup

3-4 year old Oral Language Playgroup

Friday 9:15-10:45am (Create Building)

Is your child between the ages of 3-4 years?

Come join our school Speech Pathologist, Melanie on a **Friday morning**

in a **FREE** fun filled structured playgroup. Activities focus on spoken language, comprehension, literacy, social language & confidence

All activities are explained, modelled and done in a group with Parent involvement. Activities are easy to do at home to assist in consolidating concepts and continue their learning.

***A parent/guardian must attend with a child (other siblings are welcome to attend)**

*Please bring a healthy snack, water bottle & hat

For further details & to register please contact Melanie at Laverton College. Limited spots available ☺

Melanie Todaro
Speech Pathologist
Laverton College P-12

Email: todaro.melanie.j@edumail.vic.gov.au
Ph: 9369 1833 / 0410 564 290

Tutoring only

\$17.50/hr

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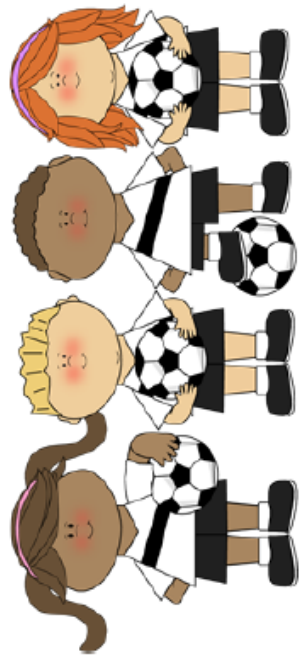
Laverton Park Soccer Club

Register to play for Laverton Park Soccer Club

All Ages. Boys and Girls!!!

Places Still Available!

Contact Kristy for details on 0423 527 508





**ALTONA JUNIOR FOOTBALL CLUB
JUNIOR GIRLS TEAMS**

2017 TRAINING SESSIONS INFORMATION

Altona Junior Football Club are in full swing building and developing our Girls Program. We still have spaces in our U12 and U15 sides.

Come along for a kick, have some fun while learning to play football.

Bring a mate or two, the more the merrier.

Be a part of Viking action and Australian sporting history.



Coach: Abbey Brown
Under 15 Girls



Coach: Kacie Cook
Under 12 Girls

Where: J K Grant Reserve on the oval next to the

basketball courts, near the goals on Bluegum Drive end.

When: Every Tuesday and Thursday 4.30pm – 5.30pm

***Wear runners and bring a drink bottle.**

EVERYBODY WELCOME

For more information call or email

Administrator; Naomi 0431 527362 ajfcdadmin@gmail.com

Coaches; Abbey 0452 544183 Kacie 0424 126 353

<https://www.facebook.com/AltonaJuniorFootballClub>



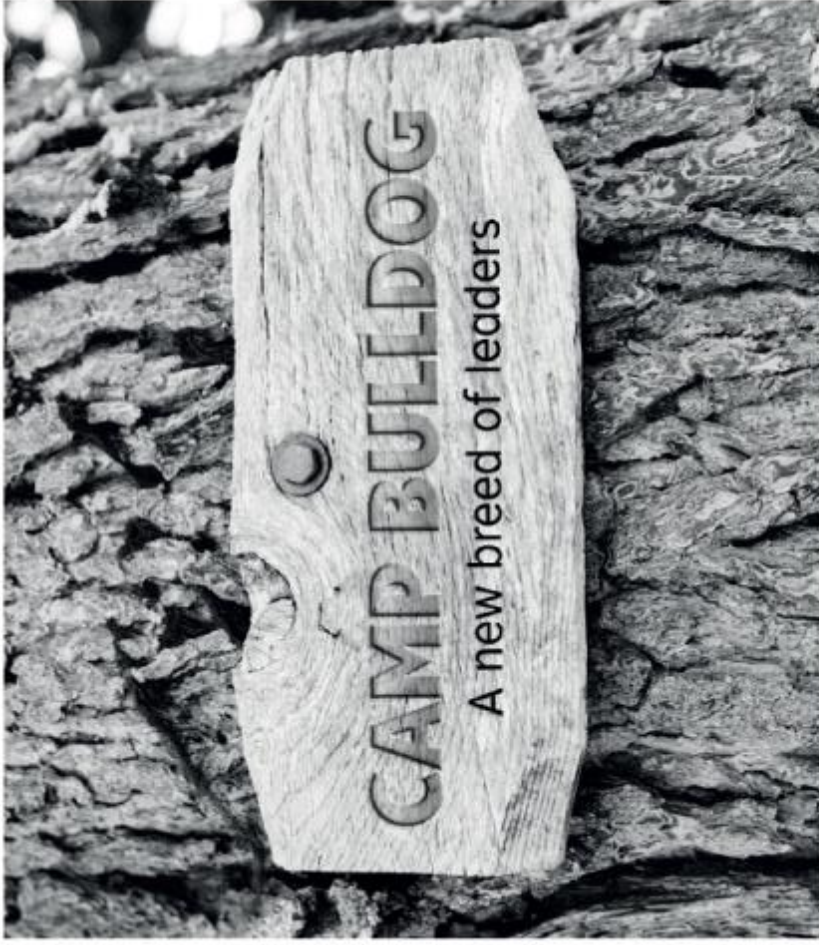
Laverton Auskick Centre

Laverton Football Club, Hall Avenue, Altona Meadows

Saturday Morning, 9am-10:00am

Head to www.aflauskick.com.au to register, or to find out details of all centres in the area!

AFLAUSKICK.COM.AU    



The Western Bulldogs' Camp Bulldog initiative is youth leadership camp developed for young people aged 10-14. The initiative uses the Western Bulldogs Football Club as a vehicle to inspire, educate and mentor young people to become social leaders in their community.

Date: Friday 31 March - Sunday 2 April 2017.

Where: Urban Camp, Parkville

Who: Kids aged 10 - 14 (at the time of camp)

Cost: \$385 per person

For more information email Adam.Moeddt@westernbulldogs.com.au
or go to westernbulldogs.com.au/campbulldog

**TEAM OF THE
MIGHTY WEST**



Beewal

(Widjimarri Language)

(Tree) Planting Day

In the spirit of reconciliation you are invited to attend a community tree planting event.
A day for Aboriginal and non-Aboriginal people to come together and celebrate our culture.

When: Saturday 3rd June

Time: 10:00 am - 3:00pm

Where: President's Park Wyndham Vale, McGrath Rd

Melways Ref 205 -E1

10:15am - Welcome to Country & Smoking Ceremony

10:45am - Tree Planting

12:30 - Lunch

1:30 - Tree planting

3:00 - Finish



Healthy BBQ Lunch & Aboriginal Food truck

Plant a tree to receive a free lunch

Grab a free information pack (including seedlings for your home garden)

For more information contact:

Rebecca Monohan - rebecca.monohan@wyndham.vic.gov.au



Laverton P-12 College

Schedule 4: Notice of Election and Call for Nominations

An election is to be conducted for members of the School Council of Laverton P-12 College.

Nomination forms may be obtained from the school's Main Office and must be lodged by 4.00 pm on Thursday, 09th March, 2017, when the ballot will close.

Following the closing of nominations, a list of the nominations received will be posted at the school.

The terms of office, membership categories and number of positions in each membership category open for election are as follows:

MEMBERSHIP CATEGORY:

Parent member: 3 positions are vacant.

DE&T employee: 2 positions are vacant.

TERM OF OFFICE: From the day after the date of the declaration of the poll in 2017 to and inclusive of the date of the declaration of the poll in 2019.

If the number of nominations is less than the number of vacancies, a notice to that effect and calling for further nominations will be posted at each Learning Community and in the main office of the college.

Richard Jones

College Principal

28/2/17